

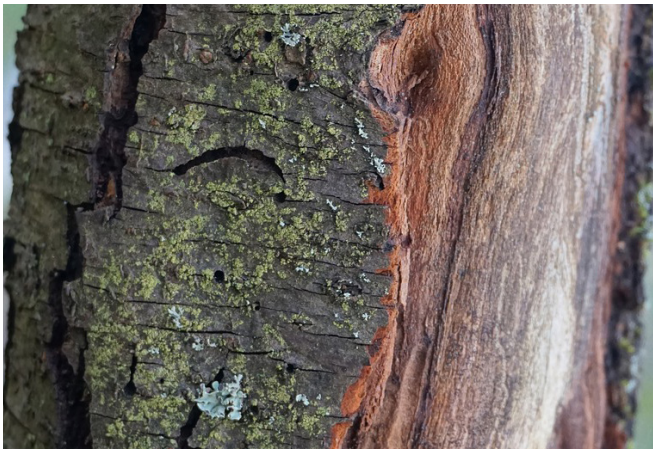


Fruit facts

Plums



- Scientific name - *Prunus domestica*
- Average lifespan - 10 to 15 years
- Excellent source of vitamin C
- More than 200 varieties
- Generally grows 3 to 6 meters tall
- Bark - dark and rough
- Leaves - oval with a short point at the top or teardrop shaped. There are small teeth around the margins and the leaves are smooth on top.



Apples



- Scientific name - *Malus domestica*
- Average lifespan - around 100 years
- Good source of fibre and vitamin C
- More than 7,000 varieties
- Unpruned trees can grow up to 12m tall
- Bark - greyish brown and scaly
- Leaves - ovate and wider at the base.
The top of the leaf is bright to dark green.
The underside is a duller silvery green.



Cherry Tree



- Scientific name - *Prunus avium*
- Average lifespan - around 20-40 years
- Good source of fibre, potassium, calcium and vitamin A
- Roughly 1,200 varieties
- Some varieties can grow to 30 meters tall
- Bark - shiny with a deep reddish-brown colour
- Leaves - oval, green and toothed with pointed tips. There are two red glands on the stalk at the leaf base.



Crab apples



- Scientific name - *Malus sylvestris*
- Average lifespan - 100 years
- Good source of fibre and vitamin C
- Roughly 6,000 varieties
- Mature trees grow to around 9 meters tall
- Bark - greyish brown, flecked, with horizontal cracks and often sections can flake off.
- Leaves - glossy, oval and have rounded teeth. They can grow to 6cm long.



Pears



- Scientific name - *Pyrus communis*
- Average lifespan - 20 years
- Good source of fibre, potassium, vitamin K and calcium
- Over 3,000 varieties
- Grow to around 12 meters tall
- Bark - greyish brown and broken into small square shapes.
- Leaves - oval with a pointed end, they have toothed edges and very long stalks.



Blackthorn



- Scientific name - *Prunus spinosa*
- Average lifespan - 100 years
- Sloes are a good source of vitamins C and E
- Over 200 varieties
- Grow to around 6 meters tall
- Bark - dark brown and smooth, except for spiky thorns.
- Leaves - lightly wrinkled, oval, toothed, pointed at the tip and tapered at the base.

